



Research Report

UNHRC

Reducing water pollution
from the agriculture
sector.

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SKYMUN 2025



INTRODUCTION

Water is the source of life, health and human dignity. Therefore, access to clean water is one of the most critical human rights as it is a basic necessity to fully exercising the right to life and all other human rights. Yet the peril of this right is devastating and shrinking in numbers due to an ever-present culprit: agricultural pollution. While necessary for global food security, contemporary agricultural practices are among the top two contributors to freshwater pollution worldwide. Chemical fertilizers and pesticides release nitrates, phosphates and other hazardous chemicals into rivers, lakes and aquifers. Furthermore, livestock organic pollutants infiltrate waterways.

Yet such pollution is even more than environmental degradation; it's an increasingly easy-to-identify emergency human rights crisis. Contamination impacts the human right to clean drinking water, the human right to the highest attainable standard of health (for children most vulnerable to waterborne diseases and adults exposed and subjected to toxins) and the sustainability of a clean and healthy environment. In addition, these impacts are immensely unjust, disproportionately impacting vulnerable groups, rural populations, and indigenous people relying on local water sources for immediate drinking, sanitation and sustenance.

Following this introduction, this report - requested by the Human Rights Council - will examine the connections between agriculture and water pollution as a human right. It will identify major pollutants and routes, evaluate the degree of impact on human rights fulfillment, and assess the success of current regulatory measures in place. Ultimately, however, this report will present a comprehensive set of recommendations to Member States for the future to meet their human rights obligations related to sustainability, water integrity, food security and safety, and intergenerational equity by transforming agriculture from unsustainable to sustainable models.

General overview

The problem is that governments does not apply the rules already written to keep farm chemicals out of freshwater. Because the rules stay on paper, people lose the right to drink safe water, the right to health, the right to food and the right to live in a clean, healthy plus lasting environment.

Farming pollutes water more than any other single cause. Fields receive large amounts of chemical fertilizer and pesticide livestock yards add manure. Rain washes nitrates, phosphates but also poisons into rivers, lakes and underground pools. The nutrients force algae to grow until the water turns green as well as the oxygen vanishes - fish and plants die and create “dead zones.” The same chemicals reach taps and wells. High nitrate levels trigger methemoglobinemia (“blue baby syndrome”); pesticides raise cancer risk.

Sometimes rules meant to protect nature don't match what actually happens on the ground. When it comes to checking if water stays clean, strong farm industry groups get in the way - also, there's not enough oversight, and leaders avoid cracking down on farms since they're key to the economy. Because of this mess, Lake Erie keeps seeing thick layers of algae show up again and again, fed by fertilizer washing off nearby farmland. Scientists all agree on the cause, people are angry and speaking up but new safeguards come slow, half-hearted; soft approaches like optional guidelines fail because they barely cut pollution at all. Since dirty runoff spreads wide instead of coming from one spot and big farming operations hold serious financial clout it's common for rule breaking to slide under the radar or face weak responses.

Human rights violations hurt entire communities leading to long-term health issues, hurting fishing and tourism economies, messing up nature's resources future folks will need. Dirty water hits hardest on people already struggling like rural families, native groups, or those with tight budgets who often depend only on nearby rivers or wells because cleaner options aren't available.

Water pollution from farms comes from many linked issues. Because of market demands and policy pushes, growers feel forced to boost harvests fast - this focus on quick results usually sidelines lasting ecological health. Farming's gotten more intense as a result; synthetic fertilizers and pesticides get used nonstop. On top of that, rural areas often miss out on proper resources or guidance needed to shift toward greener techniques. Take money matters - they don't offer enough rewards for clean practices, plus help with new tech is scarce, while green tools cost too much. That makes it tough for precision planting, natural pest control, or smarter waste handling to catch on.

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Some farm support payments clash with eco targets, since public rules sometimes accidentally promote dirty methods - like backing irrigation water or synthetic nutrients. These twisted financial cues make it tough for motivated growers to switch to greener tools. Running close to zero profit, they're stuck in a setup trading cleaner resources for short-term cash safety.

As climate change worsens bringing longer dry spells and heavier rains - water supplies will face tougher strain. That could trap contaminants in smaller volumes, making shortages sharper. More people might then suffer health risks from farm-related pollution. These problems feed into each other, quietly undermining stable food systems and access to safe drinking water.



<https://enlaw.nls.ac.in/impact-of-agricultural-activities-on-water-contamination-and-pollution-analysing-the-existing-central-regulatory-framework-to-counter-agricultural-water-pollution/>

Major parties involved

United Nations Environment Programme (UNEP):

UNEP, the top worldwide body for nature issues, shapes global priorities on the environment while pushing unified action across UN agencies to support balanced growth. Instead it helps track planet-wide water health, shares research about farm-related pollution, also delivers practical advice to countries managing water wisely alongside eco-friendly farming methods.

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Food and Agriculture Organization of the FAO):

This UN body drives global work to fight hunger while boosting diet quality plus access to safe food. Because its role ties closely to farming, it plays a key part in pushing climate-friendly farm methods alongside lasting yield gains. It sets guidelines for handling pesticides responsibly, supports countries with saving soil and managing water better, also helps balance growing crops with keeping nature intact.

World Health Organization (WHO):

The WHO handles global health matters. Because it sets rules for clean drinking water, tracks how pollutants such as nitrates affect well-being, yet shares data on illnesses tied to contaminated supplies. Since its efforts help show farm-related pollution isn't only harming nature - instead, it's endangering people's basic right to stay healthy.

UN-Water:

This group links UN agencies working on clean water and toilets. So they don't repeat each other's work, it brings together groups like UNEP, FAO, and WHO. That way, everyone moves in the same direction when fighting dirty water. From time to time, it releases solid reports - take the World Water Development Report - it points out problems tied to farm waste washing into rivers.

International Water Management Institute (IWMI):

This nonprofit group does science-based fieldwork, part of CGIAR - a worldwide network aiming for better food access. Instead of just theory, IWMI tests real-world fixes like smarter watering methods, recycling used water, or cleaning up dirty sites. Being tied to this larger effort helps them stretch resources further. Their findings support leaders making choices about rules and funding.

World Wildlife Fund (WWF):

This group's independent, working hard to save wild areas while cutting down on how people harm nature. Yet across major rivers everywhere, they push farming that lasts, shield clean water spots from dirty runoff - also team up with food companies to use smarter ways when getting their supplies.

Timeline of events

1972 – In Stockholm, at a big meeting, the UN pointed out problems like dirty water; this got ordinary folks thinking about farming and factories messing things up. Although not much shifted immediately, talks started popping up worldwide, slowly changing how people saw their role. What happened locally felt tied to wider outcomes over time. No quick fixes came from it - but it pushed future efforts forward by showing damage didn't stop at country lines, hitting all of us the same way.

1985 – Out in Helsinki, rules about rivers used by more than one country get a refresh, setting loose ideas for how nations might share water fairly; at the same time, dirty runoff from farms and other places starts getting tackled, though nobody's really shouting about it.

1991 – The EU brings in the Nitrates Directive, meant to cut down on pollution from farms; so they set up specific areas called Nitrate Vulnerable Zones where rules are stricter.

1992 – In Rio de Janeiro, at what people call the Earth Summit - or officially, the UN Conference on Environment and Development - big leaders introduced Agenda 21. This plan had Chapter 14, aiming to boost better farming while also supporting healthier rural areas. The idea? Less harm to nature by shifting how we use land. Rather than spreading farms wider, they pushed techniques that save soil, keep water clean, and help wildlife thrive.

2000 – The EU starts the Water Framework Directive, encouraging a broad strategy for managing water. From then on, every country inside must reach “good status” for all water areas, putting strong attention on pollution from farms.

Back in 2006, a United Nations team focused on food dropped a key paper titled Livestock's Long Shadow. This study revealed how farming livestock harms the environment - especially by contaminating Earth's water systems.

2015 – The UN rolls out a plan for worldwide improvement by 2030, including Goal 6 about safe water and proper toilets; within that, Target 6.7 works to cut down dirty runoff, slash untreated wastewater by half, while pushing safer recycling of human waste - which changes how farms use nutrients.

2021 – The UN holds a summit on food systems, sparking worldwide talks about better ways to grow and eat food; from now on, attention turns to farms that don't pollute rivers or harm animals. Rather than sticking to outdated habits, officials support methods that save water yet keep local soil strong.

Previous attempts to solve the issue

A big push worldwide has been about promoting Best Management Practices - called BMPs. Supported by organizations like the UN's agriculture team, this approach offers farmers flexible advice to reduce environmental damage. Instead of blanket rules, it suggests targeted planting techniques - using water, fertilizer, or pesticides only where needed - while also encouraging tilling sideways on hills to cut runoff, along with planting dense strips of vegetation beside streams. Despite sounding good in theory, the lack of mandatory enforcement and high costs have stopped widespread adoption. So far, that's meant limited real-world impact overall.

Rules apply across regions such as the EU - laws cover nitrates and water quality. Countries must test their water cleanliness while identifying spots with excess nitrates; in those areas, fertilizer use faces restrictions. This carries weight because it's not guidance - it's binding by law. Yet hurdles remain if enforcement varies, farmers push back, or tracing runoff from wide landscapes stays hard, which drags overall improvement.

Market-based solutions - say, organic tags or eco-farming certs - are often backed by NGOs along with industry players. Still, such systems motivate farmers to cut chemical use by offering better prices at sale time. Although they help green goods reach shelves and raise shopper awareness, their real-world effect remains narrow. These efforts typically attract niche markets, skipping past massive commercial farms that cause much of the runoff. Meaning: progress happens here and there, but the main farming setup? It doesn't shift.

Possible solutions

1-Boost rules with real teeth - swap weak advice for solid laws on farm water pollution. Not just set limits on fertilizers, but actually check they're followed. Require big farms to have clear plans for handling nutrients. Break the rules? Charge serious fines. Pay for inspectors who can catch violators fast.

2-Offer bigger rewards plus hands-on help so farms can shift to eco-friendly methods. Give grants or lower taxes to growers using proven techniques, trying smart farming tools, or switching to organic crops. Alongside that, public bodies and global groups need to boost local advisor networks - so farmers get real-time guidance when they need it.

3-Pushing joined-up rules and smarter buyers: Build teamwork across farming, water, climate, or trade plans so they don't clash - like when fertilizer support messes up clean

water targets. At the same time, run clear info drives to boost public interest in eco-friendly food, using shopper choices to back up strict rules.

Further Readings:

- 1- <https://edepot.wur.nl/649959>
- 2- <https://www.ohchr.org/en/press-releases/2024/10/addressing-global-water-and-food-crisis-crucial-human-rights-says-special>
- 3- <https://utrechtlawreview.org/articles/10.36633/ulr.562>

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